



SANTA MARINA  
ARACHOVA  
RESORT & SPA

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## TIMELESS MASSAGE T R E A T M E N T S

### CANDLE MASSAGE 50 minutes/ € 90 • 80 minutes/ € 125

Through a lovely perfumed ambiance, the massage with oil from hot candles creates a memorable experience. The subtle creamy hot candle oil slides over the body nourishing deeply the skin, while a combination of various massage pressures, stretches and continuous movements, relaxes the muscular system, stimulates the blood microcirculation helping the body to eliminate all the daily stress by inviting you into a joyful sensorial escape.

### AROMATHERAPY 50 minutes/ € 90 • 80 minutes/ € 125

Find peace within the right choice of essential oils and enjoy sensitive movements to relax the body, mind and soul.

### SWEDISH 50 minutes/ € 90 • 80 minutes/ € 125

Revitalize and relax with a vigorous massage that is recommended for muscle fatigue. Helps to increase the blood circulation and unwind muscle tension. A choice of essential oils to support personal needs.

### DEEP MUSCLE 50 minutes/ € 90

A powerful massage designed to alleviate deep tension, muscular pain and stress.

### BACK MASSAGE 30 minutes/ € 65

A back massage can help relieve lower back pain. After a strenuous workout your back muscles are likely to be tense from overuse or repetitive use. This massage relieves tension from upper back, improves sleep, increases circulation and more importantly, it makes you feel good.

### HEAD MASSAGE 30 minutes/ € 65

Much of our tension in the body finds its way to the head and neck it's also where we store feelings, emotions and memories. Massaging the scalp clears and revitalizes the mind to improve concentration, as it works on the higher chakras, mobilizing the energy and bringing harmony to the whole body. The treatment begins with scalp stimulation using energizing and detoxifying scrub, followed by acupressure massage which will clear the energy pathways. A bio-energetic mineral mud mask is then applied to the hair to deeply purify and restore.



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## FACIAL T R E A T M E N T S

### **BODY SCRUB** 40 minutes/ € 60

This exceptional skin softening body exfoliation combines sea salts with essential oils to leave your skin nourished, smooth and supple. Perfect as stand-alone treatment, or in preparation for a massage.

### **HYDRA BLUE TREATMENT** 50 minutes/ € 95

A complete and specialized treatment that has two actions. Reliefs from thirst and moisturizes in a few minutes while, at the same time, stimulates the proteins that contribute to cellular cohesion for strengthening of the skin. The innovative mask "Chauffant nettoyant" with sea zeolites, kaolin and oxygenol, cleanses in depth, oxygenates and detoxifies, allowing your skin to breathe better. A perfect combination of high effectiveness for pure, moisturized, smooth and radiant skin.

### **AGE DEFYER** 50 minutes/ € 120

Instantly hydrate and rejuvenate the complexion with this luxurious age-defying facial. Focused on those areas prone to fine lines- the eyes, neck and lips- this advanced facial incorporates specialized age-defying massage techniques to address the most visible signs of ageing and leave skin replenished, smooth and supple.

### **SEA MASCULINE FOR MEN** 50 minutes/ € 110

Detoxifying and oxygenating face treatment. Soothes the signs of stress, hydrates and calms the skin's irritations. Suitable for men's skin, provides freshness and smoothness.



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## SPA ETIQUETTE

Our Spa environment is one of relaxation and tranquility. Please respect all spa guests' right to privacy and serenity.

### OPENING HOURS

10:00 to 22:00 hours. Last appointment at 21:00 hours

### OPENING HOURS

To schedule an appointment for your perfect treatment, please contact our Spa Specialists who will be able to guide you to the right choice. To ensure your preferred time and service is available we recommend to book in advance. All treatments and packages will need to be guaranteed with a credit card.

### ARRIVAL TIME

Please allow sufficient time before your treatment to complete a Spa Consultation Form. We recommend you arrive up to 20 min in advance of your treatment so that you can change, relax and enjoy the Spa facilities. Please be advised that late arrivals will result in reduction of treatment time. The Spa will provide luxurious towels, robes and slippers and any amenities required to use during your Spa visit.

### CANCELLATION POLICY

A 100% charge will be incurred for any treatment not cancelled at least 12 hours prior to your scheduled time. Late arrival will shorten your treatment time.