

# MARIA PORAVOS

30/01 – 01/02



SANTA MARINA  
ARACHOVA

R E S O R T & S P A

## MEET OUR VISITING WELLNESS EXPERT

This winter, Osme Spa welcomes renowned reflexologist Maria Poravos for an exclusive wellness residency.

With over a decade of expertise in holistic healing, Maria brings a deeply intuitive and therapeutic approach to traditional foot reflexology – a method that stimulates the body's natural healing response through strategic pressure points on the feet.

osme  
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## TREATMENTS

Maria's sessions are more than just treatments – they are journeys into balance, designed to restore the nervous system, boost circulation and address physical and emotional stress.

Whether you're seeking calm, energy alignment or targeted relief, those bespoke sessions offer a rare opportunity to experience reflexology at its finest.

## TREATMENTS PRICELIST

TREATMENT	DURATION	PRICE
REFLEXOLOGY	60min	€135

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